

Until It Ends: A Story of Gender Dysphoria

This is a story of gender dysphoria, a condition that can cause significant distress and impairment in daily life. The author shares their experiences with gender dysphoria, from childhood to adulthood, and discusses the challenges and triumphs of living with this condition.



Until It Ends: A Story of Gender Dysphoria

by Mercedes Guerrero

★★★★☆ 4.5 out of 5

Language : English

File size : 676 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 105 pages



Gender dysphoria is a complex and often misunderstood condition. It is not simply a matter of wanting to be the opposite sex, but rather a deep sense of discomfort and dissatisfaction with one's own body and gender identity. People with gender dysphoria may feel like they were born in the wrong body, and they may experience a strong desire to live as the opposite gender.

The author of this book was assigned male at birth, but they always felt like they were female. They struggled with gender dysphoria throughout their childhood and adolescence, and they eventually came out as transgender

in their early twenties. The author's journey to self-acceptance was not easy, but they eventually found happiness and fulfillment living as their true selves.

This book is a valuable resource for anyone who wants to learn more about gender dysphoria. It offers a personal and honest account of one person's experiences with this condition, and it provides hope and support to those who are struggling with gender dysphoria.

Chapter 1: Childhood

The author's gender dysphoria began in childhood. They always felt like they were different from the other boys their age. They preferred playing with dolls and dress-up, and they felt more comfortable in girls' clothing. The author's parents and teachers were not supportive of their gender nonconformity, and they were often bullied by their peers.

Chapter 2: Adolescence

The author's gender dysphoria intensified during adolescence. They began to develop breasts and curves, and they felt increasingly uncomfortable in their own body. They also began to experience depression and anxiety. The author's parents and teachers continued to be unsupportive, and they were often the target of bullying and harassment.

Chapter 3: Coming Out

In their early twenties, the author finally came out as transgender. They started hormone therapy and began living as their true selves. Coming out was a difficult process, but it was also a liberating experience. The author finally felt like they could be themselves, and they began to experience a sense of peace and happiness that they had never felt before.

Chapter 4: Living as Their True Selves

The author has been living as their true selves for several years now. They have found happiness and fulfillment in their personal and professional lives. They are now a successful writer and advocate for transgender rights. The author's story is a testament to the power of self-acceptance and perseverance.

This book is a valuable resource for anyone who wants to learn more about gender dysphoria. It offers a personal and honest account of one person's experiences with this condition, and it provides hope and support to those who are struggling with gender dysphoria. The author's story is a reminder that it is possible to live a happy and fulfilling life as a transgender person.



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