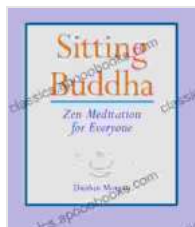


Sitting Buddha Daishin Morgan: Unlocking the Secrets of Zen Enlightenment



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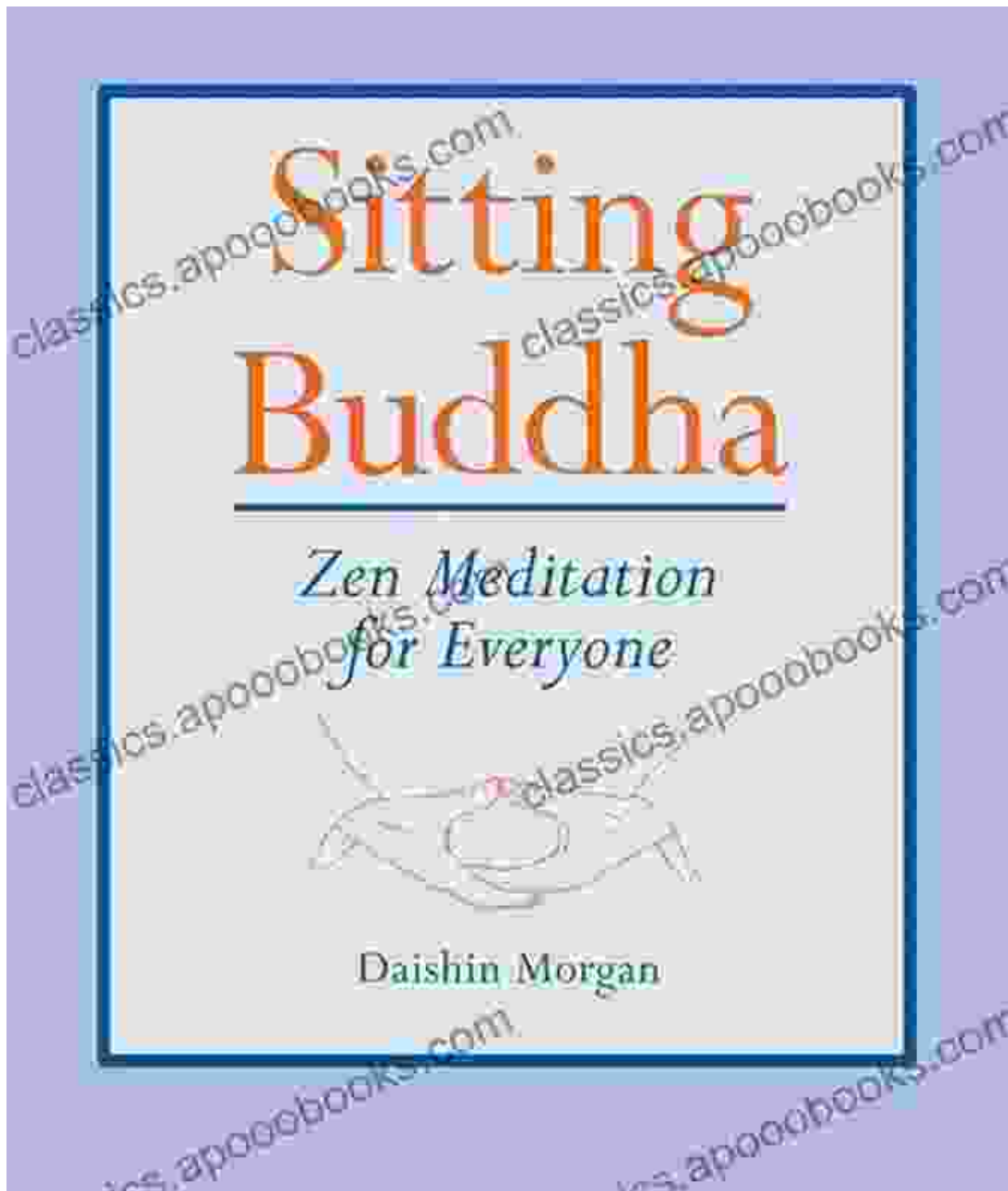
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Language : English
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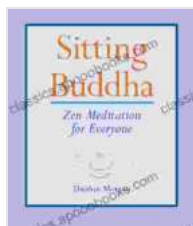
About Daishin Morgan:

Daishin Morgan is an American Zen teacher and author. He has practiced Zen for over 50 years and has written extensively on the subject. His books include "Zen Basics: The Essential Guide to Zen Buddhist Meditation" and "The Heart of Zen: A Beginner's Guide to Zen Buddhism and Meditation."

Daishin Morgan is the founder and guiding teacher of the Zendo at Mahaprajna Monastery in Berkeley, California. He is also a founding member of the Buddhist Peace Fellowship.

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