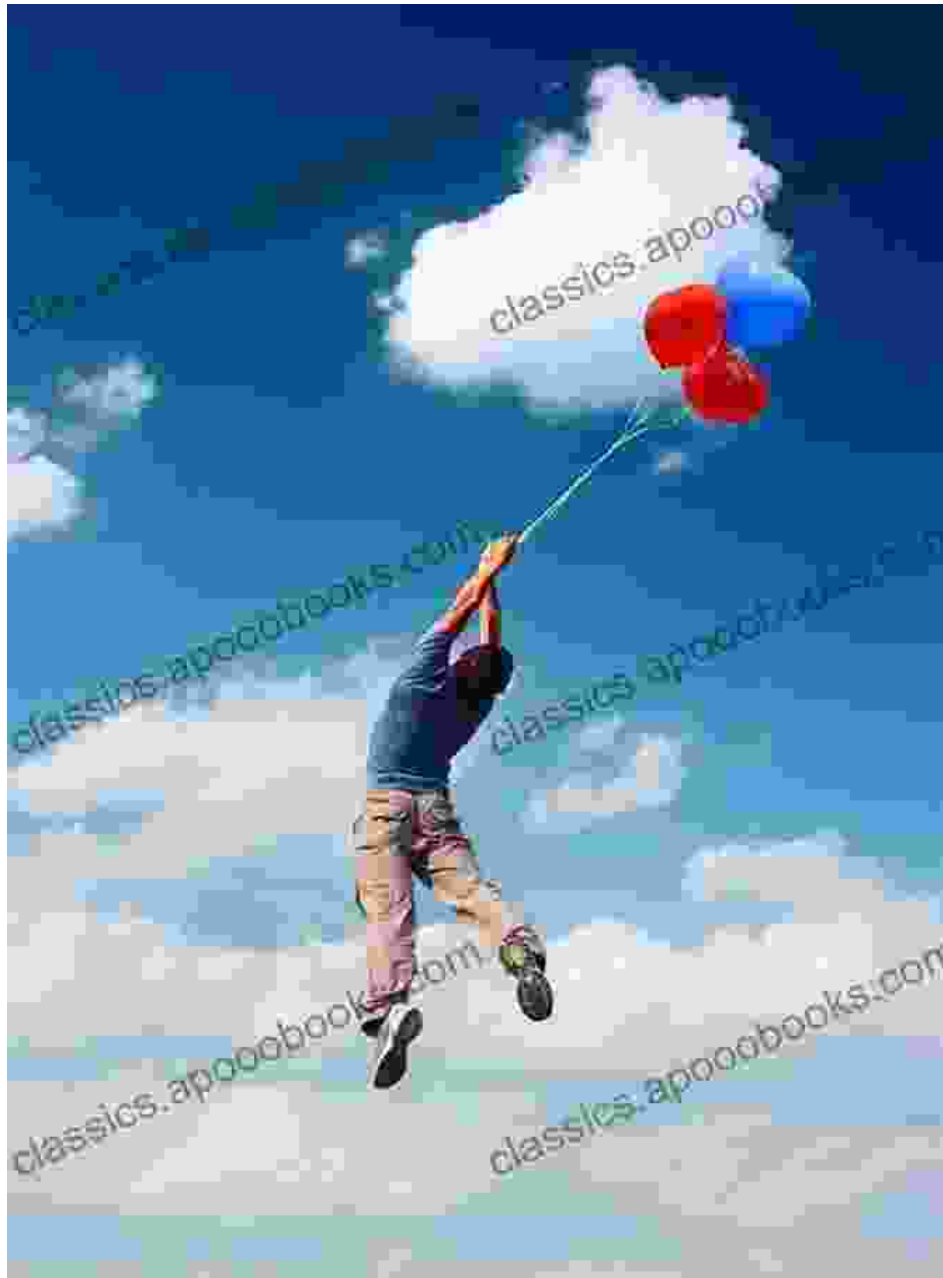
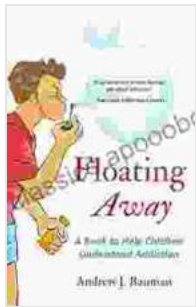


# Floating Away: A Profound Guide to Helping Children Understand Addiction



Addiction is a complex and devastating disease that can affect people of all ages, including children. When a child is struggling with addiction, it can be difficult for parents, caregivers, and loved ones to know how to help. The

book "Floating Away" provides a comprehensive guide to understanding addiction and offering support to children who are affected by it.



## Floating Away: A Book to Help Children Understand

**Addiction** by Andrew J. Bauman

★★★★☆ 4.1 out of 5

Language : English

File size : 5126 KB

Screen Reader: Supported

Print length : 39 pages

Lending : Enabled

Paperback : 312 pages

Item Weight : 1.61 pounds

Dimensions : 8.5 x 0.71 x 11 inches



### What is Addiction?

Addiction is a chronic disease that is characterized by compulsive drug-seeking and use, despite negative consequences. It is caused by changes in the brain that make it difficult for people to control their drug use.

Addiction can manifest in many different ways, depending on the individual and the substance being abused. Some common signs and symptoms of addiction include:

\* Cravings for the drug \* An inability to control drug use \* Continuing to use the drug despite negative consequences \* Withdrawal symptoms when the drug is stopped

### How Does Addiction Affect Children?

Addiction can have a devastating impact on children. It can affect their physical health, mental health, and social development. Children who are exposed to addiction may also experience:

\* Neglect \* Abuse \* Trauma \* Poverty \* Homelessness

## **What Can You Do to Help?**

If you are concerned that a child is struggling with addiction, there are a number of things you can do to help.

\* **Talk to the child.** Let them know that you are concerned and that you want to help. \* **Educate yourself about addiction.** The more you know about addiction, the better equipped you will be to help the child. \* **Set limits.** Let the child know that you will not tolerate drug use. \* **Offer support.** Let the child know that you are there for them and that you will support them through their recovery. \* **Get professional help.** If you are unable to help the child on your own, seek professional help from a therapist or counselor.

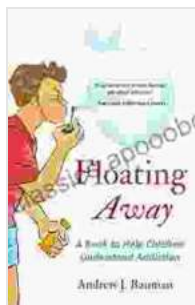
## **"Floating Away" Can Help**

"Floating Away" is a valuable resource for parents, caregivers, and loved ones of children who are struggling with addiction. The book provides:

\* A comprehensive overview of addiction \* Practical tips for supporting children who are affected by addiction \* Stories from families who have been affected by addiction \* Resources for getting professional help

If you are looking for help in understanding addiction and supporting a child who is struggling, "Floating Away" is an essential resource.

Addiction is a serious disease, but it is treatable. With the right help, children who are struggling with addiction can recover and live healthy, happy lives. "Floating Away" provides the information and support that you need to help a child on their journey to recovery.



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