

Eat and Drink Your Way Through Rome: A Gastronomic Guide to the Eternal City



Eating & Drinking in Rome: Italian Menu Translator and Restaurant Guide (Europe Made Easy Travel Guides 2024) by Andy Herbach

★★★★☆ 4.3 out of 5

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Rome is a city that has it all: history, culture, architecture, and of course, food. The Italian capital is a paradise for foodies, with everything from traditional trattorias to Michelin-starred restaurants. Whether you're looking for a romantic dinner, a family-friendly meal, or a night out with friends, Rome has something to offer everyone.

This guide will help you find the perfect place to eat and drink in Rome, no matter what your budget or tastes. We've included everything from our favorite trattorias to our top picks for Michelin-starred restaurants. We've also included a few of our favorite places to go for drinks, whether you're looking for a glass of wine, a cocktail, or a cold beer.

Trattorias

Trattorias are traditional Italian restaurants that serve simple, home-cooked food. They're typically family-run and have a warm, friendly atmosphere. Trattorias are a great place to go for a casual meal, and they're usually very affordable.

Some of our favorite trattorias in Rome include:

- **Trattoria Mario:** This classic trattoria is located in the heart of Rome, near the Trevi Fountain. It's known for its delicious pasta dishes, including its signature cacio e pepe.
- **Trattoria Da Augusto:** This charming trattoria is located in the Trastevere neighborhood. It's known for its traditional Roman dishes, such as its bucatini all'amatriciana.
- **Trattoria Da Enzo al 29:** This popular trattoria is located in the Monti neighborhood. It's known for its friendly service and its delicious seafood dishes.

Michelin-Starred Restaurants

Rome is home to some of the best Michelin-starred restaurants in the world. These restaurants offer exquisite food and service, and they're a great place to go for a special occasion.

Some of our favorite Michelin-starred restaurants in Rome include:

- **La Pergola:** This three-Michelin-starred restaurant is located on the rooftop of the Rome Cavalieri Waldorf Astoria hotel. It offers stunning views of the city and serves innovative Italian cuisine.

- **Aroma:** This two-Michelin-starred restaurant is located in the Palazzo Manfredi hotel. It serves modern Italian cuisine with a focus on seafood.
- **Il Pagliaccio:** This two-Michelin-starred restaurant is located in the Parioli neighborhood. It serves creative Italian cuisine with a focus on seasonal ingredients.

Bars

Rome has a vibrant nightlife scene, and there are plenty of great bars to choose from. Whether you're looking for a glass of wine, a cocktail, or a cold beer, you're sure to find something to your liking.

Some of our favorite bars in Rome include:

- **Jerry Thomas Project:** This speakeasy-style bar is located in the Monti neighborhood. It's known for its classic cocktails and its knowledgeable bartenders.
- **La Buvette:** This wine bar is located in the Trastevere neighborhood. It has a great selection of Italian wines and serves small plates of food.
- **Il Birrificio:** This craft beer bar is located in the Ostiense neighborhood. It has a wide selection of Italian and international beers on tap.

Rome is a city that has something to offer everyone, including food lovers. With its wide variety of restaurants, bars, and trattorias, Rome is a great place to eat and drink your way through. Whether you're looking for a casual meal, a special occasion dinner, or a night out with friends, Rome has something to suit your needs.

So what are you waiting for? Start planning your gastronomic adventure in Rome today!



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