

# Buddha Recognizes Buddha: The Life and Teachings of Daishin Morgan



## Buddha Recognizes Buddha by Daishin Morgan

★★★★★ 5 out of 5

Language	: English
File size	: 1228 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 180 pages
Lending	: Enabled
Hardcover	: 560 pages
Item Weight	: 1.7 pounds
Dimensions	: 6 x 1 x 9 inches
Screen Reader	: Supported



*Daishin Morgan was a renowned Zen master who taught in the United States for over 50 years. He was a master of the Soto Zen tradition and was known for his compassionate teachings and his ability to help people find their own inner wisdom.*

In *Buddha Recognizes Buddha*, Morgan's teachings are distilled into a clear and accessible guide to Zen Buddhism. The book covers a wide range of topics, including:

- The nature of the mind
- The importance of meditation

- The path to enlightenment

Morgan's teachings are not only intellectually stimulating, but they are also deeply practical. He offers concrete advice on how to bring Zen principles into our daily lives. For example, he teaches us how to:

- Cultivate mindfulness
- Let go of attachment
- Find peace and happiness in the present moment

*Buddha Recognizes Buddha* is an invaluable resource for anyone who is interested in learning more about Zen Buddhism. Morgan's teachings are clear, concise, and practical. They can help us to find our own inner wisdom and to live more meaningful and fulfilling lives.

## **About Daishin Morgan**

Daishin Morgan was born in 1936 in Los Angeles, California. He began practicing Zen Buddhism in 1958 and received dharma transmission from Shunryu Suzuki in 1970. Morgan taught Zen Buddhism in the United States for over 50 years and was the founder of the Zen Center of Los Angeles.

Morgan was a prolific writer and speaker. He published over 20 books and gave countless lectures and workshops. He was also a gifted calligrapher and artist.

Morgan died in 2010 at the age of 74. He left behind a legacy of wisdom and compassion that continues to inspire people around the world.

## **Additional Resources**

- Zen Center of Los Angeles
- Daishin Morgan website
- Buddha Recognizes Buddha on Our Book Library



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